



What is a HS prom?

WHAT IS IT?

A significant semi-formal or formal dance & social gathering for students near the end of the school year, typically for juniors and seniors. It is often considered a major milestone and a memorable event of American adolescent culture.

AT THE PROM

- Dancing:** This is the MAIN activity. A DJ or band plays music, ranging from current hits to slow ballads.
- Refreshments:** Non-alcoholic drinks and light snacks are usually provided.
- Socializing:** It is a key opportunity for students to mingle and spend time with peers outside of a typical school day setting.
- Decorations:** The venue is elaborately decorated around a chosen theme.

Prom Court and Royalty: A "Prom King & Queen" &/or royalty court is announced, and the "Prom King" and "Prom Queen" are crowned during the event.

PREP ACTIVITIES

- Preparation:** This involves buying or renting formal wear—tuxedos for boys and formal gowns for girls. Students often coordinate their outfits or accessories with their dates.
- Hair and Makeup:** Many students get professional hairstyling and makeup done for the evening.
- Pre-Prom Pictures:** Before heading to the venue, groups often gather at a park, a scenic location, or one of their homes to take posed photographs.
- Dinner:** Groups typically go out for a formal dinner at a restaurant before the dance.
- Transportation:** Arriving in style is part of the tradition, with groups often renting limousines or party buses.
- Photos:** A professional photographer is usually on hand to take formal portraits of couples and groups

HOW TO PREPARE FOR AN SAHS PROM

- Bring comfortable shoes to change into taking into account the venue (indoor/outdoor)
- Come early for great lighting while taking photos
- Take time to walk around the entire venue and experience all the amenities
- Create lasting memories with your friends

