

**ST. JOHNS COUNTY SCHOOL DISTRICT  
STUDENT SERVICES DEPARTMENT  
904/547-7598  
Local Area  
Mental Health and Student and Family Services**

---

***THERAPUTIC/COUNSELING PROVIDERS***

**Adapt Behavioral Services**

**Angela Minett**

Volusia/Flagler/St. Johns Counties  
533 N. Nova Rd #204  
Ormond Beach, FL 32174  
(386)898-5003 Fax (386)675-6490  
[www.adapt-fl.com](http://www.adapt-fl.com) Medicaid only

**Betty Griffin House**

1375 Arapaho Avenue  
St. Augustine, FL 32084  
904/808-8544

**The Body Image Counseling Center**

**Lori Osachy, MSS, LCSW, Director**

1545 Landon Avenue  
Jacksonville, FL 32207  
904/737-3232  
[lori@bodyimagecounseling.com](mailto:lori@bodyimagecounseling.com)  
[www.bodyimagecounseling.com/index.html](http://www.bodyimagecounseling.com/index.html)

**Elizabeth Cantu, RMFT**

6000-A Sawgrass Village Circle, Suite 4  
Ponte Vedra, FL 32082  
904/662-3079  
Sliding scale fee  
No insurance but will accept co-pay amount as pymt.  
[www.facebook.com/ECMFT](https://www.facebook.com/ECMFT)

**Susan Cardiff-Reed, LCSW**

2692 US 1 South  
St. Augustine, FL 32086, 904/671-5726  
AETNA, Humana, TriCare, BCBS, United

**First Coast Therapy Group**

**Wadelton B. Lynn PHD (Licensed Clinical Psychologist)**

13000 Sawgrass Village Circle, Suite 11  
Ponte Vedra Beach, FL 32082, 904/280-8555  
All ages AETNA  
\*Gifted Testing

**Lori L. Frazier, LMHC**

1309 St. Johns Bluff Road North, Suite A7  
Jacksonville, FL 32225, 904/654-5057  
[lori.frazier@fraziercounseling.org](mailto:lori.frazier@fraziercounseling.org)  
Ages 5+  
Florida Blue plans, Aetna, others subject  
to verification of benefits

**Jennifer Glock, MA**

3715-1 San Jose Place  
Jacksonville, FL 32205, 904/260-0218  
CIGNA Behavioral Health, PHCS/Multiplan  
[www.jenniferglock.com](http://www.jenniferglock.com)

**Maureen Harper, LMHC**

4400 Marsh Landing Blvd.  
Ponte Vedra Beach, FL 32082  
904/280-3324 Fax 904/280-3372  
Ages 4+  
AETNA, TriCare

**Hayden-Davis Counseling, Inc.**

Wendy Davis, LCSW  
305 Kingsley Drive, Suite 702  
St. Augustine, FL 32092, 904/716-5619  
AETNA, United, TriCare, CIGNA, Humana/  
Corp. Health, Value Options, Horizon, Beech Street  
[www.haydon-davis.com](http://www.haydon-davis.com)

**Jonti Hayes**

721 A1A Beach Blvd., Suite 5  
St. Augustine, FL 32080, 904/461-3313  
AETNA, BCBS, United, Multiple EAPs  
[www.bwholecounseling.com](http://www.bwholecounseling.com)

**Healthy Families – Children’s Home Society**

Richard Zicht – Program Mgr  
25 Deltona Blvd., Suite 5  
St. Augustine, FL 32086, 904/794-0268 X201  
(Working with youth in Teen Parent Program)

**Carol Hooper, LCSW, LMFT**

100 Whetstone Place, Suite 210  
St. Augustine, FL 32086 904/531-4591  
Aetna, Tricare, Value Options, BCBS, United

**Jacksonville Center for Counseling**

3560 Cardinal Point Drive, Suite 204  
Jacksonville, FL 32257, 904/737-7242  
EAP’s most insurances

**Stephen J. Kavanagh, LMHC****Tracey Kavanagh, LMHC**

1637 Race Track Road, Suite 221  
St. Johns, FL 32259, 904/240-2679  
Ages 12+  
BCBS, EHS, CIGNA  
\*Eating disorders \*Saturday Hours!

**Kopp’s Counseling & Consulting Services, Inc.**

Jamie Kopp, LMHC  
8825 Perimeter Park Blvd., Suite 601  
Jacksonville, FL 32216, 904/891-2576  
Ages 3-18  
Humana, AETNA, BCBS, Signa, Tri-Care,  
Value Options, New Directions

**Life Counseling Center**

Amy Decker  
8825 Perimeter Park Blvd., Suite 601  
Jacksonville, FL 32216  
904/997-0195 Fax: 904/247-6083  
Ages 16+, TriCare, BCBS, Medicare  
[www.lccjax.com](http://www.lccjax.com)

**The Life Source Group LLC**

248 Southpark Circle East, St. Augustine, FL 32086  
904/797-5680 Fax: 904/797-5681  
Self-pay but will file insurance

**Mandarin Counseling**

12058 San Jose Blvd., Suite 703  
Jacksonville, FL 32223, 904260-0454  
Ages 6+  
BCBS, AETNA, CIGNA, Value Options,  
TriCare, Humana, United-Medicaid, Magellan  
[www.mandarin counseling.com](http://www.mandarin counseling.com)

**Robert (Bob) McQueen, LMHS, MAC**

7545 Centurion Pkwy. #105  
Jacksonville, FL 32256 904/651-3237  
Accepts all major insurances except Humana

**Frank Morelli, M.A., LMHC**

501 State Road 13, St. Johns, FL 32259  
904/410-6324 Fax 855/823-3434  
CIGNA, BCBS, TriCare, Value Options, United Health  
Care, AETNA  
\*OCD, Anxiety Disorders, ADHD  
Ages 6+

**NAMI (National Alliance for Mentally Ill)**

Our St. Johns Family Support Group meets every  
Tuesday evening from 6-7:00 pm at the Flagler  
Hospital, St. Augustine, FL 32086, Suite 1004  
(Dr. Broder’s office suite)

**New Path Psychological Services**

Dr. Jessica Anderton, LCP and Dr. Lauriann Sandrik, LCP  
6817 Southpoint Pkwy., Suite 802  
Jacksonville, FL 32216 904/900-3594  
Ages 3+ for services, 6+ for testing

**Pathways (Counseling & Consulting)**

Maria Adigweme, LMHC, CAP  
Daniel Button, LCSW, Melanie Mickey, LMHC  
9521 Shellie Rd, Suite 15, Jacksonville, FL 32257  
904/619-3010 Fax: 904/619-3233  
Ages 5+  
Accepts most insurances-check website  
[www.pathwaysbh.com](http://www.pathwaysbh.com)

**Psychological Associates**

Peterson Schulman, Sharon L. PHD  
350 Paseo Reyes Drive  
St. Augustine, FL 32095-8464, 386/986-9725  
BCBS, United, AETNA

**Cindy Richetti, LMHC****Sabrina Bowen, LMFT**

100 Executive Way, Suite 200  
Ponte Vedra Beach, FL 32082, 904/337-5893

Ages 5+

Does not accept insurance, but will provide paperwork for you to submit

**\*Specializes in grief, anxiety, obsessive/compulsive disorder, family issues, academic and behavioral challenges**

**Deena Richman, PhD**

2970 Hartley Road, Suite 201  
Jacksonville, FL 32257, 904/268-7733

Ages 10+

Mayo, BCBS-PPO, TriCare, Medicare, CIGNA, Great West, Value Options, United

**St. Augustine Behavioral Health, LLC**

155 San Marco Avenue  
St. Augustine, FL 32084  
904/826-9395 Fax: 904/547-2255  
M-Fri 8am-8:30pm, Sat. appts. available  
Life Synch, Aetna, Psych Care, Self-Pay EAP  
[www.SABHLLC.com](http://www.SABHLLC.com)

**Edna Schaefer, LMHC**

2233 Park Avenue, Suite 301  
Orange Park, FL 32073, 904/305-8380  
CIGNA, AETNA, United, BCBS, TriCare, EAPs  
[www.escounseling.com](http://www.escounseling.com)

**R. Michael Stapleton, Jr., M.A., LMHC**

Stapleton Consulting Services  
904/502-1952

**In home therapy** – individual, family, group therapy  
Saturday hours by appt. only

Self Pay – sliding scale fee, will provide invoices for family to get reimbursed by insurance

[Stapletonconsulting@gmail.com](mailto:Stapletonconsulting@gmail.com)

**Dr. Townsend & Associates**

9 St. Johns Medical Park Drive  
St. Augustine, FL 32086  
904/797-2705  
AETNA, BCBS, Medicare, Value Options, TriCare, Humana thru Tricare

**Stephanie Vavilala, LMHC**

3400 Sutton Park Drive S., Suite 1003  
Jacksonville, FL 32224 904/318-6109

Insurance: AETNA, BCBS, TriCare, CIGNA, Horizon, Value Options, Humana

**Additional Location:** 340 Paseo Reyes Drive  
St. Augustine, FL 32095

\*Works w/special needs children \*Holistic Therapy  
[www.therapeuticbutterflyeffect.com](http://www.therapeuticbutterflyeffect.com)

**Liz Villanueva, LMHC (Spanish speaking)**

248 Southpark Cir E  
St. Augustine, FL 32086  
904/834-5051

Children 5+, Families

All Insurances – out of network benefits provider

**Youth Crisis Center (YCC)**

3015 Parental Home Road  
Jacksonville, FL 32216 904/725-6662

## ***THE RAPUTIC/COUNSELING AND PSYCHIATRIC PROVIDERS***

### **Baptist Behavioral**

Dr. Agular, Child Psychiatrist  
13241 Bartram Park Blvd., Suite 1901  
Jacksonville, FL 32258, 904/376-3800,  
AETNA/United \*Psychiatric and Counseling Services

### **Odalys Brito, MD & Associates**

**Dr. Brito, Child Psychiatrist**  
**Jennifer Giblin, LMHC**  
1301 Plantation Island Drive, Suite 201A  
St. Augustine, FL 32080, 904/808-7362  
BCBS, United, self-pay

### **Child Guidance Center**

1100 Cesery Blvd., Suite 100, Jacksonville, FL 32211  
5776 St. Augustine Rd., Jacksonville, FL 32207  
904/448-4700  
Used by SJCSO (low cost), 1 Psychiatrist (meds mgmt.)  
Ages 0-17  
Medicaid, AETNA, TriCare, United, BCBS-FL

### **CMPS Psychological Services**

1100-1 South Ponce de Leon Blvd.  
St. Augustine, FL 32084  
300 Kingsley Lake Drive, Suite 403  
St. Augustine, FL 32092  
904/824-7733 Fax: 904/829-9768  
Ages 5+ Accepts most insurances  
**\*Specialized Areas Include:** Neuro Psychologist,  
Psychiatrist, Educational Testing, Counseling  
[www.medpsych.net](http://www.medpsych.net)

### **Dr. Stanley Cohen, MD**

Professional Ctr. @ Palencia Commons  
354 Paseo Reyes Drive  
St. Augustine, FL 32095, 904/808-8595  
Ages 4+ BCBS, TriCare, Medicare  
\*Specializes in child & adolescent psychiatry

### **Dr. Eneida Gomez, MD**

Psychiatrist  
1750 Tree Blvd, Suite 5  
St. Augustine, FL 32084, 904/342-0672  
AETNA, AvMed, BCBS Florida, CIGNA, GEHA, Humana,  
Commercial Insurance Co, Country Health Care, Golden  
Rule, Mail Handlers Benefit Plan,  
Medicaid (as second insurance),  
Medical Mutual of Ohio, Medicare

### **Marsh Landing Behavioral Group**

1538 The Greens Way #101  
Jacksonville Beach, FL 32250  
904/543-0161  
Does not accept insurance, but will provide  
paperwork for you to submit  
Ages 3+ - Counseling, Ages 7+ - Meds.  
Ages 12-18 (Gary Peterson will take most insurances)

### **Emanuel Martinez & Associates**

Dr. Emanuel Martinez, Psychiatrist  
In addition, therapy providers available as well  
World Golf Village  
315 West Town Place, Suite 3  
St. Augustine, FL 32092, 904/940-2200  
1555 Kingsley Ave., Suite 101  
Orange Park, FL 32073, 904/278-4999  
Ages 16+ Accepts most insurances

---

## ***BEREAVEMENT/GRIEF COUNSELING***

### **Community Hospice**

St. Augustine/St. Johns County Office  
525 State Road 16, Suite 112  
St. Augustine, FL 32084  
904/407-6500 or 866/253-6681 (toll free)

### **The Compassionate Friends**

Chapter #2329  
Sylvia 904/677-6272 or Viola 904/794-5609 or  
904/823-8220  
Meeting Info: 2<sup>nd</sup> Thursday of month 7:00 pm  
Meeting Address: Flagler Hospital (Alicia Room)  
400 Health Park Blvd., St. Augustine, FL 32086  
[tcfstjohnscounty@yahoo.com](mailto:tcfstjohnscounty@yahoo.com)

---

## ***MEDICAID PROVIDERS FOR CHILD/ADOLESCENT SERVICES (COUNSELING/MEDICATION MANAGEMENT)***

### **COUNSELING AND PSYCHIATRIC PROVIDERS**

#### **EPIC Community Services**

1400 Old Dixie Hwy, St. Augustine, FL 32084  
904/829-2273

#### **Stewart Marchman Behavioral Act**

Sandy Jackson  
200 San Sebastian View, St. Augustine, FL 32084  
904/209-6222

### **COUNSELING ONLY**

#### **Children's Home Society**

25 Deltona Blvd., Suite 5  
St. Augustine, FL 32086 904/794-0268

---

## ***CRISIS STABILIZATION UNITS***

### **HALIFAX BEHAVIORAL HEALTH**

841 Jimmy Ann Drive, Daytona Beach, FL 32117  
386/425-3900

### **MHCJ (Mental Health Center of Jacksonville)**

3333 W 20<sup>th</sup> Street, Jacksonville, FL 32254  
904/695-9145

### **WOLFSON CHILDREN'S HOSPITAL**

800 Prudential Drive, Jacksonville, FL 32207  
904/202-2000

\*Accepts some private insurance only

\*Also has partial hospitalization program

Updated 01/26/2016